



Saint John of the Cross Quotes

Where there is no love, put love and you will find love.

A soul enkindled with love is a gentle, meek, humble, and patient soul.

To be taken with love for a soul, God does not look on its greatness, but the greatness of its humility.

To saints, their very slumber is a prayer.

Wisdom enters through love, silence, and mortification. It is great wisdom to know how to



be silent and to look at neither the remarks, nor the deeds, nor the lives of others.

God desires the smallest degree of purity of conscience in you more than all the works you can perform.

What we need most in order to make progress is to be silent before this great God with our appetite and with our tongue, for the language he best hears is silent love.

The retreat will take place at the **Marianist Retreat and Conference Center**, 4000 HW 109, Eureka, MO. The center is located on 120 acres adjacent to the Meramec River and features miles of forest trails, cliffs, streams, a grotto, meadows and a sculpture garden. Private rooms include private toilets and showers. The \$195 fee includes six meals. **“St. John of the Cross Retreat”**

Register at www.mretreat.org

Or mail in this form and the check

Name

Address

City/State/Zip

Phone

Email Address

Specific Dietary or Special Needs?

How did you hear about this program?

Any physical limitations?

Cost: \$195 per person

Couple rate/share room, \$180 per person

Commuter rate: \$97 (includes 4 meals)

Non-refundable deposit: \$25 each



Make payment to:

MRCC

Mail to: PO Box 718,

Eureka, MO 63025

Call: 636-938-5390

**Join us as we explore the
spiritual journey of
St. John of the Cross**



**Dark Nights
of the Soul**

**Night of
Sense,
Night of
Spirit**

March 8-10, 2019

Friday, 5pm to Sunday, 1pm

What kind of retreat will this be?

"There is an unknowing that is higher than all knowledge, a darkness that is supremely bright; and in this dazzling darkness, divine things are given to those who seek Him...." Gregory Palamas

How do we find words for a "dark" experience.... or is it really dark? In this weekend retreat, St. John of the Cross charts the fundamental journey of the human spirit where no words can satisfy. The dark night is a metaphor and often misunderstood.



The Night of Sense and Night of Spirit provide an interior landscape of the soul that

presents the human experience of being wounded and simultaneously, the experience of being healed by the divine physician.

The "dark nights" are an amazing story of human development aided by grace as told in these images and provides inspired insight into our contemporary contemplative spiritual journey.

Who is John of the Cross?

John of the Cross (1542-1591) was a 16th Century Spanish mystic, Carmelite priest, author, teacher, poet, and beloved friend of St. Teresa of Avila and Doctor of the Universal Church.

Today, many people still turn to John for guidance in the critical "dark night" of life. He was not only a great mystic and outstanding spiritual guide, but well known for his extraordinary relationship and experience of God as expressed in his classic poem "The Living Flame of Love." He is well-worthy of the title "mystical doctor."



This labyrinth and the swing pictured above are just a few of the many beautiful and peaceful areas located at MRCC.

What is the format of this retreat experience?

The weekend will allow time for presentation on the stages of spiritual life as exemplified in the writings of John of the Cross, small group process, periods of contemplative prayer in community and free time for reflection and rest.



Retreat leader, Susan Komis

Susan is the former Director of Chapter Programs & Services of Contemplative Outreach and continues to serve as a commissioned presenter and retreat director. She is a Pastoral Minister and has been active in adult faith development, spiritual direction and inter-spiritual dialogue. Susan previously worked in Human Resources for two corporations. The Dark Night of the Soul is one of her favorite topics in the contemplative dimension. Susan has offered this weekend event throughout the United States, Canada and the Dominican Republic. She resides in a suburb of St. Louis, Missouri, is married and the mother of adult children and grandchildren.

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