

Contemplative Outreach of St. Louis - Prayer Groups							Dec. 2021
#	Day	Week	Time	Group Name	Contact	Open/Closed	Meeting Place
1	Mon	1 st & 3 rd	7:00 - 8:30pm	Grace Episcopal	Bill Schwindt 314-825-2332 bschwindt@att.net	Ask	Zoom
2	Mon	1 st & 3 rd	3:30 - 5:30pm	Holy Spirit	Bill Schwindt 314-825-2332 bschwindt@att.net	Open	Holy Spirit Parish 3130 Parkwood Lane Maryland Hts., MO 63043
3	Mon	2 nd & 4 th	7:15 - 8:30pm	Manchester United Methodist	Adele Niblack pa.niblack@att.net	Open	Zoom
4	Tue	Weekly	10:00 - 11:00am	Church of the Shepherd	Cheryl Leas 636-577-1791 greglleas@gmail.com	Ask	Church of the Shepherd 1601 Woodstone Drive St. Charles, MO 63304
5	Tue	2 nd & 4 th	After 8am Mass	St. Robert Bellarmine	Carolyn Stuhlsatz 314-791-1047 quancequeen@gmail.com	Open	St. Robert Bellarmine Church 1424 First Capital Drive St.Charles,MO
6	Tue	4th	3:30pm	Our Lady of Rosary	Steve Doroghazi 618-531-0009 doroghazi@yahoo.com	Open	NOT MEETING AT THIS TIME
7	Wed	Weekly	8:30-9:30am	St. Margaret of Scotland	Jane Rhoda 314-771-7022 jane.h.rhoda@gmail.com	Open	St. Margaret of Scotland 3854 Flad Ave, STL 63110 Enter on west side of 39th St-in chapel
8	Tue/Fri	Weekly	Tues 1:30 - 3:00pm Fri 1:00 - 2:30pm	Grace Episcopal	Sandy Johnson 314-313-9336 shjohns665@gmail.com	Open	Zoom
9	Wed	1 st & 3 rd	7:00pm	Our Lady of Sorrows	Mary Ann Erwin maerwin@webster.edu	Ask	NOT MEETING AT THIS TIME
10	Wed	2nd & 4th	7:00-8:30 pm	Webster Groves	Susan Kramer 314-791-7846	Open	Private Residence Webster Groves 63119
11	Thur	Weekly	6:30: - 7:30pm	Church of the Shepherd	Bill Schwindt 314-825-2332 bschwindt@att.net	Ask	Zoom
12	Wed	weekly	1:00- 2:00pm	Naomi House (De Paul Hospital)	Susie Stolze 314-562-6927	Open	Naomi House 3393 McKelvey Rd Bridgeton, MO 63044

Illinois Groups							
13	Wed	2 nd & 4 th	7-8:00 pm	St. Clare	Mary Housman 618-228-7412 mary.m.houseman@gmail.com	Open	Faith Lutheran Church Youth Center 530 E. US-50 O'Fallon, IL 62269 2nd - in person 4th - zoom
14	Sat	2 nd & 4 th	10:00 - 11:30 am	St. Paul UCC	Stephen Schmidt 618-972-8800 sschmidt0520@gmail.com	Open	St. Paul UCC 115 B Street Belleville, IL 62220
12 Step Groups							
15	Wed	Weekly	6:30pm	Grace Episcopal	Lgerren@charter.net 314-201-6906	Open	Grace Episcopal 514 Argonne Dr. Kirkwood 63122
16	Sat	Weekly	11:00am	Forest Park	Jim M, 314-657-7234 jmac150@sbcglobal.net	Open	Zoom
Southern Missouri							
17	Mon	Weekly	5:30pm	Christ Episcopal Church	Steve Essner 573-382-2693 steveessner@gmail.com	Open	Zoom
18	Sat	Weekly	8:30 - 9:30am	CP Meditation Circle	Bob Towner 573-225-9491 robinart49@gmail.com	Open	Christ Episcopal Church-in the sanctuary 101 N. Fountain St. Cape Girardeau, MO 63701