



12-Step Centering Prayer Retreat Weekend

“Deepening the Experience of the 11th Step”

Facilitated by the STL 12 Step Outreach Service Team

MARCH 31 - April 2, 2023

The Marianist Center
4000 Highway 109, Eureka, MO 63025-0718

Eureka is approximately 30 miles west of St. Louis

Who Should Attend:

This retreat is for people who participate in any 12-Step program, or those who support recovery and have the intention to improve their meditation practice and enlarge their spiritual life.

What to Expect:

Silence: prayer and meditation practice
12-Step Meetings
Friday 4pm Registration... Retreat begins 5pm Retreat ends at noon after lunch on Sunday

PREREQUISITES:

12-Step experience and a desire to deepen prayer and meditation experience

Visit www.cp12stepoutreach.org for more information & to register online

Questions? Contact one of the retreat coordinators:

JoAnn Sturm
josturm12@gmail.com
314-780-2816

Jim McElroy
jmac150@sbcglobal.net
314-657-7234

Joelle Mitchell
mitjelle@sbcglobal.net
314-853-4391

This retreat fills up quickly as this year fewer rooms are available. To guarantee your reservation, please register online at www.cp12stepoutreach.org or send your deposit along with completed form below by March 13.

Make checks payable to COSTL - JoAnn Sturm, treasurer 7419 Stratford Ave 63130

Please check applicable boxes:

☐ **Full Retreat \$260** \$160 non-refundable deposit required
includes meals w/ private room and private bath
(bedding and towels provided)

☐ **Commuter \$100** \$50 non-refundable deposit required
includes meals

☐ **Mobility Limitations** If you have any mobility limitations and require accommodations in order to fully participate, please check this box and we will call you to discuss.

☐ **Dietary Needs** _____
please list your special needs

☐ **First Retreat?** Check this box if this is your first Introductory Workshop to Centering Prayer

Name: _____

Address: _____

Email Address: _____

print email clearly

Phone: _____

Mail form to: Contemplative Outreach of St. Louis
C/O Grace Episcopal Church
514 E. Argonne Drive
Kirkwood, MO 63122

Payments due in full March 13. No refunds after March 19, 2023.