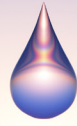


# GO DEEPER



Saturday, May 20, 2023, 8:45 A.M.-2:30 P.M.

**Contemplative Outreach of St. Louis** will host its next “Go Deeper” session on May 20, 2023. This ongoing program is designed to deepen and inform our spiritual life. Each session will speak of our yearning to open to and experience our loving God more deeply.

The topic for the May presentation will be “**Journey to the Unknowable**” offered by presenter Susan Komis. She has served for Contemplative Outreach, Ltd as a faculty member, on their board, as our local chapter Coordinator and is an international presenter. Susan will present Fr. Thomas’s reflections on the Mystical Path, a path that leads us back to our divine heritage in his book *Reflections on the Unknowable*. Fr. Keating points out that life will take each of us step by step through the same initiations that Jesus experienced in his life to the Unknowable, which transcends our ordinary knowing.



Join us for a day of Centering Prayer in community, reflection, group discussion, lunch and refreshments. All are welcome.

For more information of COSTL or to register: [centeringprayerstl.org](http://centeringprayerstl.org)

A cost of \$35 may be given online via PayPal or send a check to COSTL at Grace Episcopal Church 514 E. Argonne, St. Louis, MO 63122.

We will provide a healthy continental breakfast and will offer a light “sub” type sandwich with chips for lunch. Also, coffee, decaf, tea, and water will be available. If you would like to bring a small item to add to our healthy snack table, it would be appreciated.

We are all on a spiritual journey every minute of every day. The journey can be very subtle, challenging, and exhilarating. It requires openness to change. How we deal with these changes can make all the difference. We invite you to join us as we “Go Deeper” and open to what God wants for each of us.

Grace Episcopal Church  
(LaVielle Room)  
514 Argonne Dr., Kirkwood, MO 63122