



12-Step Centering Prayer Retreat Weekend

“Deepening the Experience of the 11th Step”

Facilitated by the STL 12 Step Outreach Service Team

October 27-29, 2023

The Marianist Center
4000 Highway 109, Eureka, MO 63025-0718

Eureka is approximately 30 miles west of St. Louis

Who Should Attend:

This retreat is for people who participate in any 12-Step program, or those who support recovery and have the intention to improve their meditation practice and enlarge their spiritual life.

What to Expect:

Silence: prayer and meditation practice
An open 12-Step Meeting
Friday 4pm Registration... Retreat begins 5pm
Retreat ends at noon after lunch on Sunday

PREREQUISITES:

12-Step experience and a desire to deepen prayer and meditation experience

Visit www.cp12stepoutreach.org for more information & to register online

Questions? Contact one of the retreat coordinators:

JoAnn Sturm
josturm12@gmail.com
314-780-2816

Jim McElroy
jmac150@sbcglobal.net
314-657-7234

Joelle Mitchell
mitjelle@sbcglobal.net
314-853-4391

This retreat fills up quickly as this year fewer rooms are available. To guarantee your reservation, please register online at www.cp12stepoutreach.org or send your deposit along with completed form below by October 11, 2023.

REGISTER ONLINE WWW.CP12STEPOUTREACH.ORG OR

Make checks payable to COSTL - JoAnn Sturm, treasurer 7419 Stratford Ave 63130

Please check applicable boxes

☐ **Full Retreat \$320** **\$160** non-refundable deposit required
includes meals w/ private room and private
bath (bedding and towels provided)
DUE10/11/23

Name: _____

Address: _____

☐ **Commuter \$160** **\$80** non-refundable deposit
required includes meals
DUE10/11/23

Email Address: _____

print email
clearly

☐ **Mobility Limits**
If you have any mobility limitations and
require accommodations in order to fully
participate, please check this box and we
need to discuss.
please list your special dietary needs

Phone: _____

☐ Check box if first CP Retreat

Mail check to: JoAnn Sturm
7419 Stratford Ave.
St. Louis, MO 63130

