

***Meditations with Hildegard of Bingen: a Centering Book*, by Gabriele Uhlein (Bear & Company, 1983)**

Part of the “Meditations with” series, *Meditations with Hildegard of Bingen* presents short excerpts of her writings in a poetic format that invites the reader toward quiet reflection. One example:

The high,
the low,
all of creation,
God gives to humankind to use.

If this privilege is misused,
God’s Justice permits creation to punish humankind.

An preface by Matthew Fox, a foreword by Thomas Berry, and an informative introduction by the translator, Gabriele Uhlein, OSF, point to Hildegard as a 12th-century forerunner of modern feminism and of creation-centered theology.

Contemplative Outreach of St. Louis has this book and many more (as well as CDs, DVDs and video and audio cassettes) about prayer and the spiritual journey. Lending Library materials are available for borrowing at Grace Episcopal Church.

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