

St. Louis Metro Area and Other Areas - Meditation Prayer Groups & Meetings See centeringprayerstl.org/programs a/o 9.7.2023

#	DAY	WEEK	TIME	GROUP NAME	CONTACT	OPEN/ CLOSED	MEETING PLACE
1	Mon	Weekly	2:45-4:00 pm	Mary Mother of the Church	Joe Himmelberg 314-488-8982 joehimmelberg@yahoo.com	Open	Zoom 841 0011 9348 Password 578241
2	Mon	1st & 3rd	3:30-4:45pm	Holy Spirit	Karlye Keleher 314-346-4973 karlyekeher1@gmail.com	Open	Holy Spirit Parish, 3130 Parkwood Lane Maryland Heights, MO 63043
3	Mon	1st & 3rd	7:00-8:30pm	Grace Episcopal	Jill Orr 314-805-0487 ormjm@charter.net	Ask	Grace Episcopal Church 514 E. Argonne Kirkwood, MO 63122
4	Mon	2nd & 4th	12-1:30pm	Webster Groves	Susan Kramer 314-791-7846	Open	Zoom
5	Mon	2nd & 4th	7:15-8:15pm	Manchester United Church	Adele Niblack pa.niblack@att.net	Open	Zoom
6	Tue	Weekly	9:30-11:00am	Church of the Shepherd	Cheryl Leas 636-577-1791 greglleas@gmail.com	Ask	Church of the Shepherd 1601 Woodstone Drive St. Charles, MO 63304 Room 943
7	Tue/ Fri	Weekly	T 1:30-3:00pm	Centering Prayer/Lectio	Sandy Johnson 314-313-9336 shjohns665@gmail.com	Open	Zoom
8	Wed	2nd & 4th	14:00	Lafayette Park UMC	Dee Hawkins (502) 802-6771 drdeehawk@gmail.com	Open	Lafayette Park UMC 2300 Lafayette Ave, StL 63104
9	Wed	Weekly	8:30-9:30am	St. Margaret of Scotland	Jane Rhoda 314-771-7022 jane.h.rhoda@gmail.com	Open	St. Margaret of Scotland 3854 Flad Ave. STIL 63110; enter on west side of 39th St., meet in chapel
10	Wed	Weekly	1:00-2:00pm	Naomi House	Susie Stolz 314-562-6927	Open	Naomi House 3393 McKelvey Road Bridgeton, MO 63044
11	Thur	Weekly	6:30-7:30pm	Church of the Shepherd	Cheryl Leas 636-577-1791 greglleas@gmail.com	Ask	Zoom 937 9818 9303 pw Center
12	Thur	Weekly	7:00-8:00pm	Church of the Holy Communio	Mike Salsich 314-971-9782 salsichm@gmail.com	Open	In Person & Virtual 7401 Delmar Blvd., University City, MO 6313
13	Thur	1st & 3rd	6:30-8:00 pm	All Saints-St. Peters	Wil Girresch 636-399-7835 wgirresch@yahoo.com	Open	All Saints -St. Peters Parish Ministry Center, 310 Cardinal Place, St. Peters, MO 63376
14	Fri	Weekly	F 1:00-2:30pm	Centering Prayer/Lectio	Sandy Johnson 314-313-9336 shjohns665@gmail.com	Open	Zoom
Illinois Groups							
14	Wed	2nd & 4th	7:00-8:00pm	St. Clare	Mary Housman 618-228-7412 mary.m.housman@gmail.com	Open	Faith Lutheran Church Youth Ctr, 530 E. US-50 O'Fallon, IL 62269; 2nd in person & 4th on Zoom
15	Sat	2nd & 4th	10:00-11:30am	St. Paul UCC	Stephen Schmidt 618-972-8800 sschmidt0520@gmail.com	Open	St. Paul UCC, 115 B Street Belleville, IL 62220
Southern MO							
16	Mon	Weekly	5:30pm	Christ Episcopal Church	Steve Essner 573-382-2693 steveessner@gmail.com	Open	Zoom
17	Sat	Weekly	8:30-9:30am	CP Meditation Circle	Bob Towner 573-225-9491 robinart149@gmail.com	Open	Christ Episcopal Church-in the sanctuary; 101 N. Fountain St. Cape Girardeau, MO 63701
12 Step Groups							
18	M, T, W, Th, F	Weekly	8:00-9:00am	11th Step for 12 Step People	Laura Gerren 314-201-6906 lgerren@charter.net	Open	Zoom 810 7145 5560 pw meditation
19	M, T, W, Th, F	Weekly	11:00am	Conscious Companionship	Susie B. 314-852-4719 susiebrent@me.com	Open	Zoom 933-657 946 pw Meditation
20	Tue	Weekly	7:00-8:00pm	Open AA 11th Step	Joelle M mitchelljoelle1@gmail.com		Crossfit Happy Streets Gym 4503 Chouteau St. Louis, MO 63110
21	Tue	Weekly	7:00-8:00pm	Open AA 11th Step	Joelle M mitchelljoelle1@gmail.com	Open	Zoom 892 685 972 pw meditation
22	Wed	Weekly	6:30-7:30pm	Open 11th Step for 12 Step	Laura Gerren 314-201-6906 lgerren@charter.net	Open	Zoom 811 7438 6194 pw meditation
23	Wed	Weekly	7:00-8:00pm	Open AA 11th Step	Joelle M mitchelljoelle1@gmail.com	Open	Samuel United Church of Christ 320 N Forsyth Blvd. Clayton, MO

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24	Sat	Weekly	11:00am-noon	12 Step CP Group	Joelle M. <u>mitchelljoelle1@gmail.com</u>	Open	Samuel United Church of Christ 320 N Forsyth Blvd. Clayton, MO
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25	Sat	Weekly	11:00am-noon	CP Book Study 12 Step	Jim M. 314-657-7234 <u>jmact150@sbglobal.net</u>	Open	Zoom 259 509 824 pw meditation
26	Sun	Weekly	9:00-10:00am	Open AA 11th Step	Jim M. 314-657-7234 <u>jmact150@sbglobal.net</u>	Open	Steps Alano Club 3974 Humphrey, St. Louis, MO 63116
27	Sun	Weekly	9:00-10:00am	Open AA 11th Step	sie B. 314-852-4719 <u>susiebrent@me.com</u>	Open	Zoom 429-232-739 pw meditation
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