



LIVING FLAME II

A Formation Program



HOSTED BY CONTEMPLATIVE OUTREACH OF ST. LOUIS

Living Flame is a program designed to heighten awareness of the dynamics of Centering Prayer in the context of your spiritual journey. You will learn conceptual information to support a faithful practice of Centering Prayer. Living Flame offers support and spiritual companionship in a small community setting.

The Living Flame II Program is open to everyone. Some topics continue on topics from Living Flame I, but participation in Living Flame I is not a requirement. There are 7 half-day retreats (8:45AM - 2:15PM). Each meeting will consist of two presentations (live on Zoom), two periods of centering prayer, and small group sharing. Snack and beverages are provided but please bring a lunch if desired.

An established practice of centering prayer is helpful but not required. Familiarity with the books of Fr. Thomas Keating, particularly Open Mind, Open Heart is helpful but not necessary.

SCHEDULE

<i>Saturdays</i>	<i>Topic</i>	<i>Presenters</i>
October 12, 2024	Reclaiming Our Roots	Matt Flatley
November 9, 2024	Lectio Divina	Mike Potter
January 11, 2025	Contemplative Living	Cherry Haisten
February 15, 2025	The Forgiveness Prayer	Mary Dwyer
March 15, 2025	The Psychological Experience of CP	Adal Henriquez
April 26, 2025	The Discernment Practice	Fionnuala Quinn
May 17, 2025	The Dark Night of the Soul	Jenny Adamson

COST

\$155 total for all sessions

LOCATION

Community of Christ Church
830 N Kirkwood Rd., Kirkwood, MO 63122

You may be able to participate virtually if you are not in the area or if you have special circumstances. email chorneyma@aol.com

MORE INFO. AND TO REGISTER

centeringprayerstl.org or
contact Mary Anne Chorney at
chorneyma@aol.com

