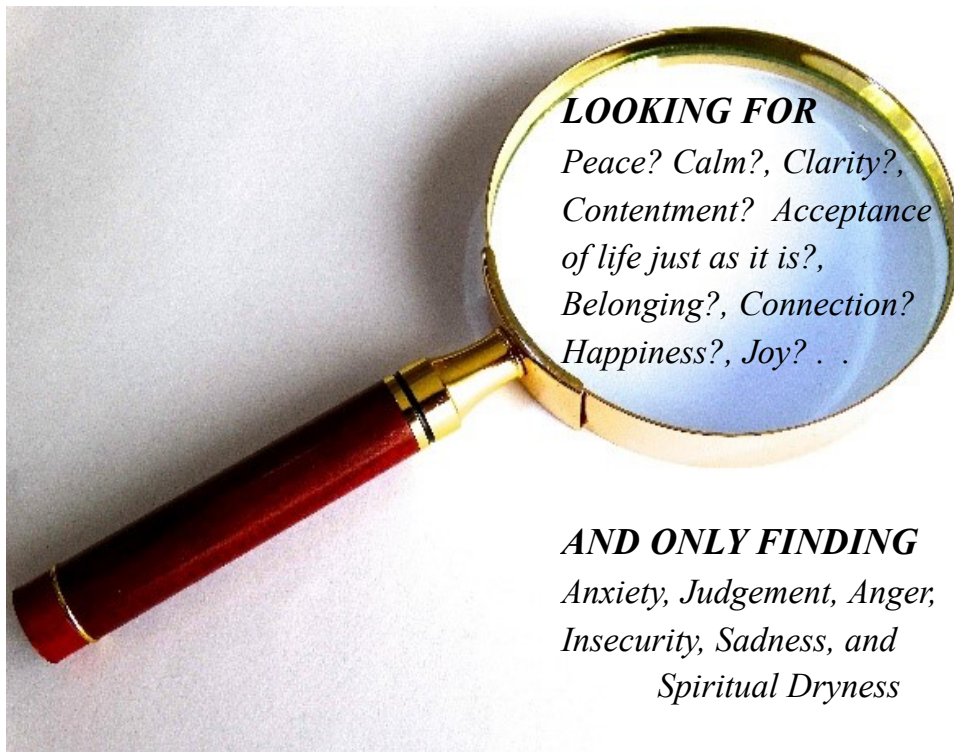


Join Us Saturday, October 25, 2025



Come investigate the Practice of Centering Prayer

When the mind quiets down, the heart can begin to open. Centering Prayer, a prayer method rooted in the Christian contemplative tradition, is about becoming still and allowing grace to do what only grace can do. Whether you're longing for inner peace, healing or a deeper connection with God—you're not alone

Gathering 8:30 9:00 a.m. –2:00 p.m.

Community of Christ Church 830 North Kirkwood Rd. 63122

Register online at centeringprayerstl.org

\$25 requested or free will donation

Fee is a suggestion –it is not meant to be a barrier to attendance.

Follow-up session will be offered & discussed at end of the workshop

Offered by Contemplative Outreach of St. Louis www.centeringprayerstl.org