

RABBI JAMES STONE GOOD PRESENTS

Quiet Arts

Prayer • Meditation • Music • Poetry



Wednesday, October 29, 2025
5:30 pm – 8:30 pm



**Community of Christ Church
Kirkwood Congregation**
830 North Kirkwood Road
St. Louis, MO 63122

Presenters: Rabbi James
Stone Goodman

*This event is available In Person and
on Zoom. Sessions will be recorded
and available at a later date.*

Scan for more
information or visit
centeringprayerstl.org



An evening of quiet arts exploring daily spiritual practices that renew the soul, ground our lives, and open space for insight and transformation. Together we will reflect on spiritual praxis and practice—daily disciplines that renew the soul and ground our lives.

What responses truly sustain us in times of challenge? Rabbi Goodman will share and demonstrate a variety of quiet practices: some rooted in ancient traditions, others freshly imagined from those sources.

Through prayer, meditation, music, poesy, and visualization, we will explore the relevance of spiritual practice to community life, creative living, and daily renewal—from a hundred blessings a day to the art of staying grounded amid difficulty.

This is the level of changing the world, one person at a time.



Contemplative Outreach
St. Louis