



CONTEMPLATIVE
OUTREACH ST. LOUIS

PRESENTS

THE ENLIGHTENMENT SERIES

The Garden Within

Divine Therapy ... a Path to Unity

PRESENTED BY FATHER MATTHEW FLATLEY



AUGUST 26, 2026

5:15 PM Gathering for a Light Meal
Program Concludes at 8:30 PM



ABOUT THE PRESENTER

Father Matthew Flatley is a Roman Catholic priest serving in the Diocese of Jefferson City, Missouri. Before entering seminary, he worked as a professional chef and spent five years as a Trappist monk. For more than thirty-five years, he has practiced Centering Prayer. Fr. Matt holds degrees in Religious Studies, Divinity, and Systematic Theology.



Fr. Matt believes Thomas Keating's most precious contribution to the Christian contemplative tradition is his presentation of the spiritual journey—or path to union—through the language of contemporary psychology. Drawing on theology, psychology, and the sciences, Keating offered a powerful understanding of prayer as Divine Therapy, illuminating a path of transformation available to anyone willing to pursue it.

“*Find your practice and practice it.
Find your teaching and follow it.
Find your community and be
faithful to it.*”

— James Finley



“*I would encourage folks to read ...
of course, but most of all ... I would
encourage folks to sit on their
prayer cushion. Remember, one sit
is devotional and two sits are
transformational.*”

— Fr. Matthew Flatley



IN-PERSON & ZOOM OPTIONS AVAILABLE

Whether you join us in person or on Zoom, we look forward to sharing this evening with you.

- ✓ Registrants will receive the Zoom link the day of the event.
- ✓ A recording will be sent to all registrants after the presentation has been edited.
- ✓ For those joining online, donations of any amount are gratefully received.



We hope this evening offers space for insight, stillness, and transformation.



Please feel free to bring a friend!



SUGGESTED IN-PERSON DONATION:

\$25

All Are Welcome

Register at:

centeringprayerstl.org

